



Mason Consolidated Schools

2400 Mason Eagles Drive Erie, MI 48133

PHONE: 734.848.9301 FAX: 734.848.2516

www.eriemason.k12.mi.us

November 16, 2017

Dear Parents and Students,

We have partnered with the Monroe Family YMCA to offer a lifeguard certification course here at Mason High School over Christmas break. Course information and the registration form is attached, but here is some other information you need to know:

- Participants must be at least 16 years' old.
- Payments can be made by cash or check with checks made out to the Monroe Family YMCA. Registration is done here in the superintendent's office.
- We need a minimum of 5 participants to hold the class. If we get at least 6 registered, the price will drop to \$200 for all participants. The maximum number we can accept is 10. There is some scholarship money available. If you would like to learn more about this, please call me at 734-848-9301.
- Because some online training needs to be done before the class begins, register as soon as possible to make sure you get a spot and so the online training can be sent out to all participants to on December 21st or sooner.

We are excited to offer this opportunity here at our school.

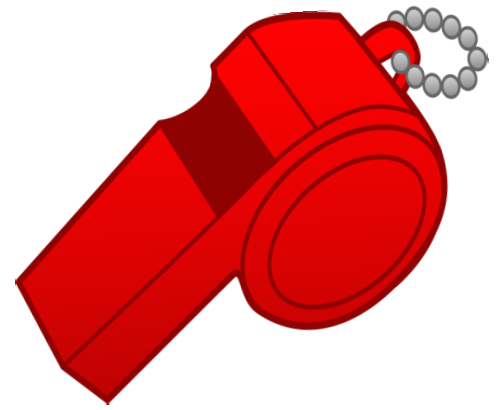
Sincerely,

Beth Sherman
Administrative Assistant/Human Resources Specialist
Mason Consolidated Schools

It is the policy of the Mason Consolidated School District that no discriminatory practices based on gender, race, religion, color, age, national origin, disability, height, weight or any other status covered by federal, state or local law be allowed in providing instructional opportunities, programs, services, job placement assistance, employment or in policies governing student conduct and attendance. Any person suspecting a discriminatory practice should contact the Superintendent of Schools at the Mason Consolidated School District, 2400 Mason Eagles Drive, Erie, MI 48133 or call (734) 848-9304. APPROVED AUGUST 18, 2003



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



LIFEGUARD CERTIFICATION CLASS

The Monroe Family YMCA

Skills needed to begin the course are listed below. This swim test will be given on the first day of class:

- Swim 100 yards front crawl
- Tread water 2 minutes,
- 250 endurance swim (50 yards front crawl head up, 50 yards sidestroke, 50 yards breaststroke, 50 yards breaststroke head up, 50 yards elementary backstroke kick with hands on the chest)
- 25 yard sprint and surface dive to bottom to retrieve an object, tread water for 1 minute, return object to bottom, hoist yourself out of the pool without use of ladder
- Immediately begin CPR compressions for 1 minute (approximately 100 compressions), then scan and identify object as instructed.

Helpful Hints:

- Certifications you will receive in this course: Basic Life Support(1 year), First aid (2 years), Oxygen (2 years), YMCA Lifeguarding (2 years)
- In addition to the 22 classroom hours, there is about 10 online hours that will need to be completed.
- Must be present for **ALL dates listed**
- Please bring suit, towel, pen, paper, and healthy snacks/lunch to each class.

Price:

Members: \$200

Non-Members: \$250

Dates

Thursday, December 28 3-8pm
Friday, December 29 10-6pm
Saturday, December 30 10-6pm

All Classes will be at Erie Mason High School

REGISTRATION DEADLINE IS THURSDAY, DECEMBER 21ST

The following certifications are good for two years:

- YMCA Lifeguard
- Basic First Aid for the Community
- Emergency Oxygen Administration

The following certification is good for one year:

- Basic Life Support

To register contact Beth Sherman at 734-848-9301 or

e-mail sherman@eriemason.k12.mi.us.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lifeguard Certification Class registration #6099LG

Member Price: \$200. Non-Member Price: \$250.

Registration Deadline: Thursday, December 21, 2017

Name: _____

Date of Birth: _____

Address: _____ City: _____ ST: _____ ZIP: _____

Phone: _____ Phone #2: _____

Email Address: _____

All Classes will be held at Erie Mason High School

You will have 10 hours of on-line training that should be completed before the first day of class.

Class day and times are below: You must be able to make each session!

Thursday, December 28 3-8pm

Friday, December 29 10-6pm

Saturday, December 30 10-6pm

FOR PARENT/GUARDIAN/PARTICIPANT: I hereby certify that the above named child/individual is in normal health and capable of participating in this program. I also give The Monroe Family YMCA permission to use the above named individual's name and/or picture participating in this program for publicity or promotional purposes without obligation or liability. In case of emergency, I give permission to The Monroe Family YMCA staff to administer first aid and/or contact EMS as needed. I also agree to assume all liability and release The Monroe Family YMCA, its agents, servants, and employees from any claims and all claims for injury, illness, death, loss or damage which may result from participation at or by The Monroe Family YMCA as a program/event participant. Furthermore, I understand that the above named child/individual is unable to participate in the above selected activity prior to signing receipt of CDC Concussion Information.

Participants Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____