

Mason Middle/High School April Lunch Menu



Food Service Director: Dustin Ulbrich
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The Grille

Hamburger on a Bun
Cheeseburger on a Bun
Breaded Chicken Sandwich
Daily Chef Special

The Garden

Grilled Chicken Salad
Roast Turkey & Cheese Salad
Chicken Caesar Salad
Garden Salad with Cheese
Chef Salad
Breaded Chicken Salad

The Pizzeria

Hot Buffalo Chicken Pizza
Mexican Pizza
Pepperoni Pizza
Mozzarella Cheese Pizza
California Chicken Bacon Ranch Pizza

Grab & Go

A wide variety of s sandwiches, and Specialty yogurt parfaits are available daily!

Options

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| <p>3. Baseball Opening Day Wear your team's gear Ball park Franks w/ toppings Baked Beans Apple Slices Fat Free Milk</p> | <p>4. Chicken & Cheese Quesadilla Peach Salsa w/ chips Mixed Fruit Fat Free Milk</p> | <p>5. Buffalo Chicken Dunkers w/ ranch Sweet Peas Diced Pears Fat Free Milk</p> | <p>6. Spaghetti & Meatballs w/ Garlic bread stick Steamed Green Beans Bananas Fat Free Milk</p> | <p>7. Recipe of the Month! Cheesy Veggie Lasagna w/ roll Winter blend veggies Diced Peaches Fat Free Milk</p> |
| <p>10. Beef & cheese Burritos Refried Beans Apple Slices Fat Free Milk</p> | <p>11. Pizza Pasta Bake Lemon Zest Broccoli Pineapple Tidbits Fat Free Milk</p> | <p>12. National Grill Cheese Day! Grilled Cheese and Tomato Soup Steamed Peas Apple Slices Fat Free Milk</p> | <p>13. Popcorn Chicken Bowl w/ bread Mashed potatoes & gravy Pineapple Tidbits Fat Free Milk</p> | <p>14. Spring Break No school</p> |
| <p>17. Spring Break No school</p> | <p>18. Spring Break No school</p> | <p>19. Spring Break No school</p> | <p>20. Spring Break No school</p> | <p>21. Spring Break No school</p> |
| <p>24. Spicy or Homestyle Chicken Tenders w/ roll Honey Glazed Carrots Apple Slices Fat Free Milk</p> | <p>25. Chicken Cordon Blue Sandwich Steamed Broccoli Diced Pears Fat Free Milk</p> | <p>26. Bosco Sticks with Dipping Sauce Seasoned Green Beans Mixed Fruit Fat Free Milk</p> | <p>27. Breakfast for Lunch Egg, Sausage & cheese Biscuit Hash browns Diced Pears Fat Free Milk</p> | <p>28. Taco Lasagna w/ roll Seasoned Cauliflower Pineapple Tidbits Fat Free Milk</p> |
| | | | <p> Fresh Produce from Local Farms based on crop availability</p> | <p> Whole Grains Available Daily</p> |
| <p>Pasta Monday Pasta, Marinara, Alfredo Sauce, Season Diced Chicken, Meatballs, Steamed Vegetables, Garlic Bread</p> | <p>Nacho Tuesday Taco Season Beef or Chicken, Nacho Chips, Fiesta Rice, Cheese Sauce, Seasoned Corn, Refried Beans</p> | <p>Stir-Fry Wednesday General Tso's Chicken, Teriyaki Pork, Brown or Fried Rice, Oriental Vegetables</p> | <p>BBQ Thursday BBQ pulled pork sandwich BBQ grilled chicken BBQ rodeo burgers</p> | <p>Chicken Friday Chef's Choice of Crispy Chicken Tenders, Nuggets, or Popcorn w/ Bread Slice</p> |

The Deli

Spicy Italian Hoagie *Created Your Own*
Buffalo Chicken
Oven Roasted Turkey and Cheese
Ham & Cheese
Tuna Salad

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Proud to manage your food service program

Lunch Prices: Paid \$2.70 Reduced \$0.40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE