

Central Elementary April Lunch Menu

Food Service Director: Dustin Ulbrich
Dulbrich@thenutritiongroup.biz
734-848-9307



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Secondary Entrée
Fresh Produce from Local Farms based on crop availability	Whole Grains Available Daily				Lunch Prices: Paid \$2.35 Reduced \$0.40
3. Cheeseburger on Bun Homestyle Baked Beans Chilled Applesauce Choice of Milk	4. Spaghetti & Meatballs w/ Garlic Bread stick Steamed Green Beans Banana Choice of Milk	5. Fresh Baked Grilled Cheese w/ Tomato soup Steamed Carrots Sweet Peaches Choice of Milk	6. Homemade Cheese or Pepperoni Pizza Steamed Broccoli Diced Pears Choice of Milk	7. Mini Corndogs Baked French Fries Diced Pineapples Choice of Milk	Week 1 Chef Salad with Roll Turkey and Cheese Sandwich
10. Hot Dog w/ Sauce Steamed Carrots Chilled Mixed Fruit Choice of Milk	11. Soft or Hard Taco w/ Toppings Cheesy Refried Beans Fresh Apple Choice of Milk	12. Crispy Chicken Tenders w/ Fresh Bread Slice Mashed Potatoes & gravy Pineapple Tidbits Choice of Milk	13. Homemade Cheese or Pepperoni Pizza Green Beans Mandarin Oranges Choice of Milk	14. No School	Week 2 Popcorn Chicken Salad with Roll Ham and Cheese Sandwich
17. No School	18. No School	19. No School 	20. No School	21. No School	Week 3 Turkey and Cheese Salad with Roll Salami and Cheese Sandwich
24. Breakfast for lunch! French Toast Sticks w/ Sausage Crispy Hash brown Fresh Orange Choice of Milk	25. Chicken Quesadilla Peach Salsa w/ chips Diced Pears Choice of Milk	26. Well ness Wednesday! Creamy Chicken Alfredo w/ Bread Stick Steamed Broccoli Chilled Applesauce Choice of Milk	27. Homemade Cheese or Pepperoni Pizza Steamed Carrots Mandarin Oranges Choice of Milk	28. Chicken Patty on Bun Green Beans Sliced Peaches Choice of Milk	Week 4 Garden Salad with Roll Turkey, Ham and Cheese Hoagie
Monday's A La Carte: Baked Chips \$0.75	Tuesday's A La Carte: Fruit Snack \$0.50	Wednesday 's A La Carte : Brownie \$1.00	Thursday's A La Carte: Rice Krispy Treat: \$1.00	Friday's A La Carte : Baked Chips \$0.75	